

Prepare for your next visit

Save time and prepare for your next visit.



Be an all-star patient by getting ready for your next visit! Here's how:



Confirm your appointment

We'll call, text, or email you ahead of your next visit – please confirm your appointment with us so we know you're coming!



Complete forms

Complete the forms and information requested on the Patient Portal. If you're not already using the Patient Portal, talk to us about signing up! Keep in mind that you'll still need to visit the front desk when you arrive to officially check in.



Prepare questions

Make the most of your appointment by thinking of any questions you may have for your provider or our staff ahead of time.



List your medications

Make a list of any medications you're taking.



Bring your insurance card

If you have health insurance, bring your insurance card to the appointment.