

Athena Appointment Guide

The following slides will go over common troubleshooting steps to help you complete your visit with ease!



Mile High Psychiatry Wants To Help You!

Hello! We here at Mile High Psychiatry want to ensure that our patients have the easiest access to their providers during their appointments. We know that sometimes technology can be confusing and difficult to operate. That is why we have created this guide to help complete the visit without interruption.



Check your device!

Use the Athena Device checker, this will make sure your device is working, has the correct permissions for your microphone and video. Here is the link (<https://telehealth.px.athena.io/device-check/>) Use the next few slides as a how to for this useful link.



telehealth.px.athena.io wants to x

- Use your cameras
- Use your microphones

Allow this time

Allow on every visit

Don't allow

Make sure to give Athena permission to access your speakers and microphones



Click this button to start the device check

Let's get started

Browser check Audio & video check You're set up!

Click "allow" when your browser asks for access to your camera and microphone.



Start device check

Step 1 of 3

Speaker Test

Select the "Play Sound" button.
Do you hear the sound?

Play Sound

Default - Speakers (KH120M dongle) (10d6:dd0 ▾)

Yes, I hear it

No, I need help

Click this drop down to select your speaker device if you are using a external device



Click this button to play a noise. If you hear it from your device, you are good to go.



If you hear the noise, click on "Yes, I hear it" to continue with the device check



Step 2 of 3

Microphone Test

Say something.
Do you see the audio bar moving?

Default - Microphone (KH120M dongle) (10d6:c ▾)

Yes, I see it

No, I need help

Use this drop down to select a microphone device if you are using something like a blue tooth headset.



Next go ahead and talk into the microphone. If the little bars change color, that means your microphone is detecting your voice and is working correctly.




Once you have confirmed that your microphone is working, click the "Yes, I see it" to continue



Step 3 of 3

Camera Test

Do you see yourself?



Integrated Camera (13d3:56ff) ▾

Yes, I see myself

No, I need help

Use this drop down to select the camera you want to use for the visit

Make sure you can see your recording here in this box. If your camera is working

Once you can see your self in the box above, click on the "Yes, I see myself" button and you should be ready for your visit.

Desktop view using Google Chrome

The following slides will go over how to connect to your appointment using the Chrome browser on Windows Computers



telehealth.px.athena.io

Connection is secure

Camera

Microphone

Reset permissions

Cookies and site data

Site settings

About this page

Make sure you allow permissions for your Camera and Microphone



Get ready for your visit with

MICHAEL CHISM, PMHNP
on
Wednesday at 10:00 pm

Enter your name for the visit here



What is your full name? *

Are you the patient?

Yes, I am the patient


Select yes I am a patient



Click this box to agree to the terms of service (You have to agree to continue)



By joining the telehealth encounter, I agree to the [athenaTelehealth Terms of Use and Informed Patient Consent](#)

 Click **Allow** when your browser asks for access to your camera and microphone.

Reminder for microphone and camera access



Next

Click next once you have completed all the steps





After you finish the first step, you will be taken to this page. Your page will stay like this until a PNC joins the call to check you in for the appointment before you can see the provider

Note: PNC stands for "Patient Navigation Coordinator" They are there to help you and your provider during the visit.

Getting you ready

Setting up your device(s)...

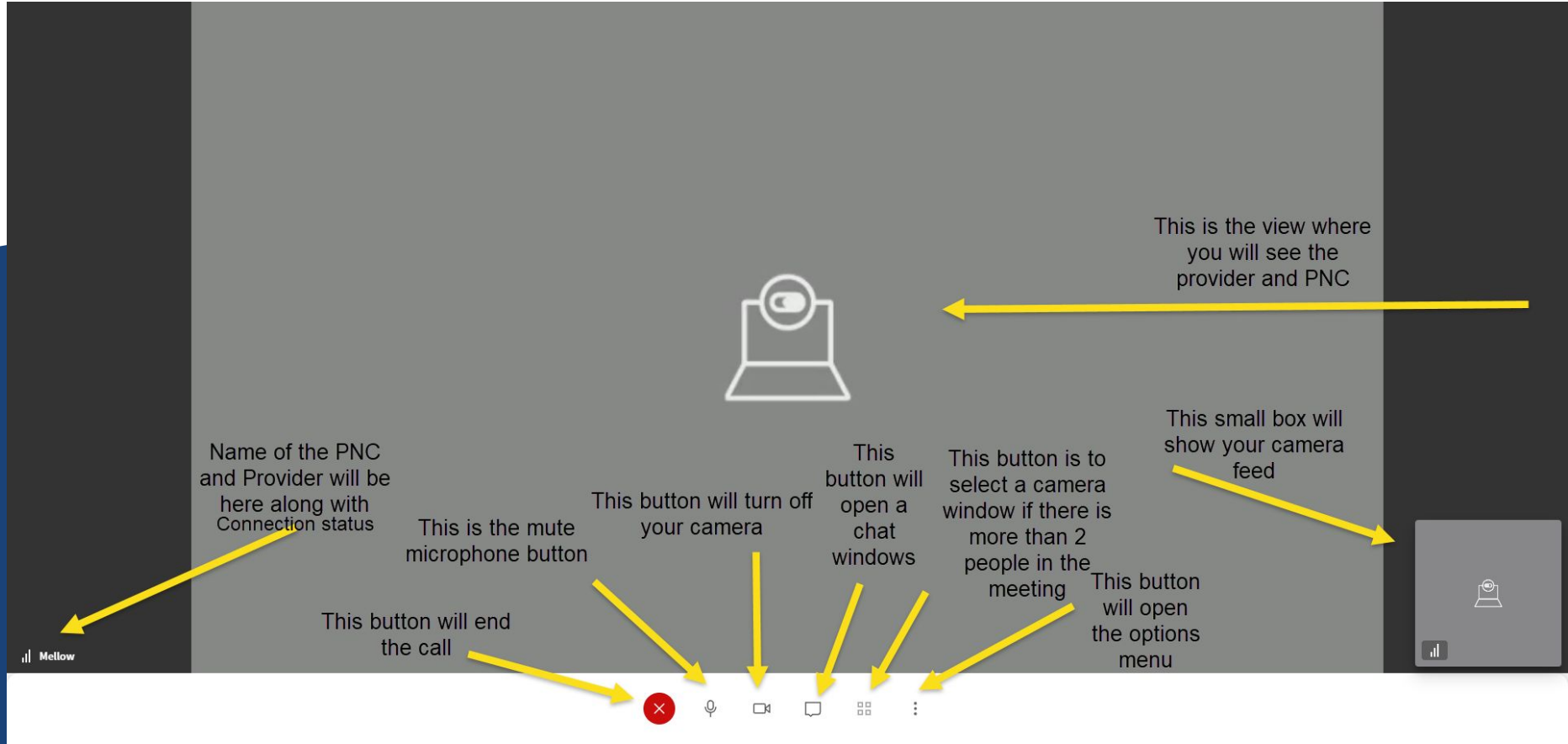
Stay on this page, and your call will start when your care team is ready.



Pro tip - is your internet connection as strong as it could be? If not, move closer to your WiFi router.

Clicking this button allows you to copy your visit link which you can share if you would like someone else to join the call such as a parent or caretaker.





This is the view where you will see the provider and PNC

Name of the PNC and Provider will be here along with Connection status

This is the mute microphone button

This button will turn off your camera

This button will open a chat windows

This button is to select a camera window if there is more than 2 people in the meeting

This button will open the options menu

This small box will show your camera feed

This button will end the call

Mellow

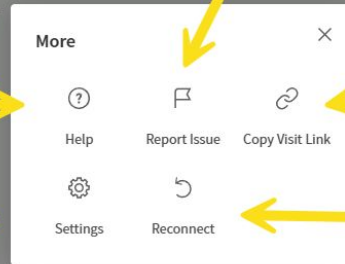


This is the report button. If you are experiencing any issues with Athena, you can submit information to Athena (Clicking this button will not send a help request to Athena.)

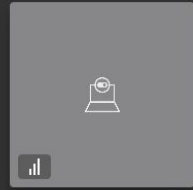
This is the help button, clicking on it will provide some information if you are having issues

The copy link button if you would like other people to join the meeting such as a parent or caretaker

This is the settings button, clicking on this button will open up the settings window (More information on the next page)



This is the reconnect button. Clicking that will refresh the session and is used to help resolve some connection issues



This button allows you to check your speakers. If you click this button and hear music, it is working

This button allows you to test your microphone. If you see the bars change color as you speak into the microphone, it means it is working.

Settings

Device Settings Help

Select your speakers

Default - Speakers (KH120M dongle) (10d6:dd0f) ▾

Test Your Speakers

Select your microphone

Default - Microphone (KH120M dongle) (10d6:d) ▾



Select your camera

Integrated Camera (13d3:56ff) ▾

This drop down allows you to select your speaker device

This drop down allows you to select your microphone device

This drop down allows you to select your camera device

This drop down allows
you to change the
video resolution

Video Quality

480p (Default) ▾



[Go Back to Call](#)



This button will
return you to your
appointment

powered by



[Accessibility Statement](#)

Device Troubleshooting

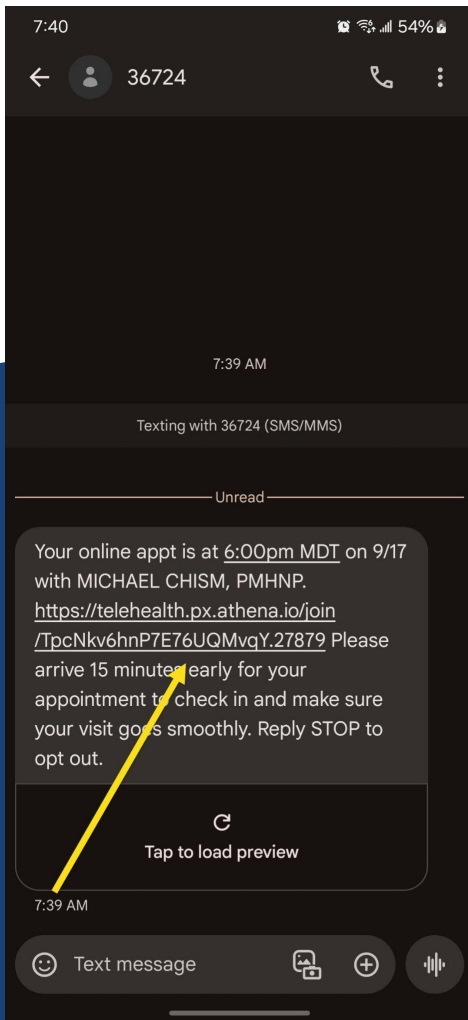
The following slides will go over how to set up your appointment for the 2 different operating systems and some common troubleshooting steps. The 2 main operating systems we see patients use are iOS and Android phones.



Android Troubleshooting

The following slides will go over how to troubleshoot common issues on your Android device.

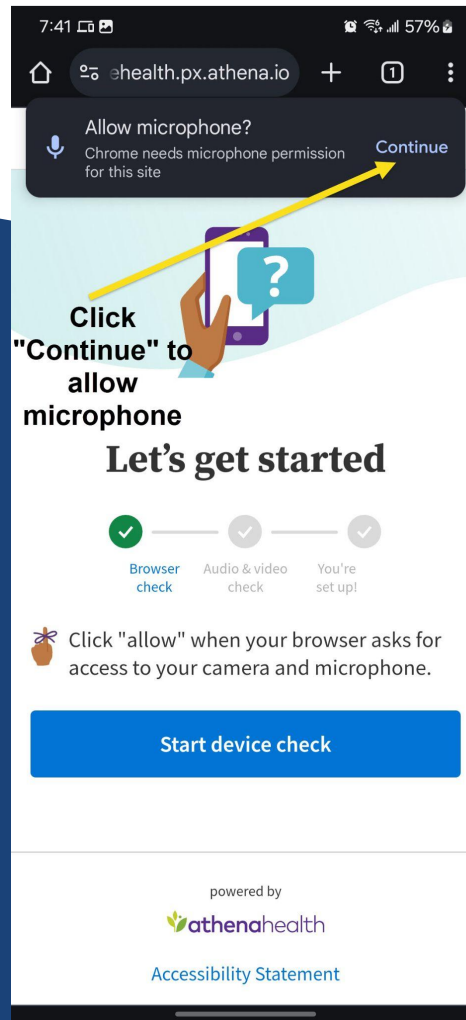




Before your appointment, you should receive a text message with the time and date of the appointment. Attached to the text message will be a link to the appointment. To start the appointment, click on the link and it will open a new tab in your browser.

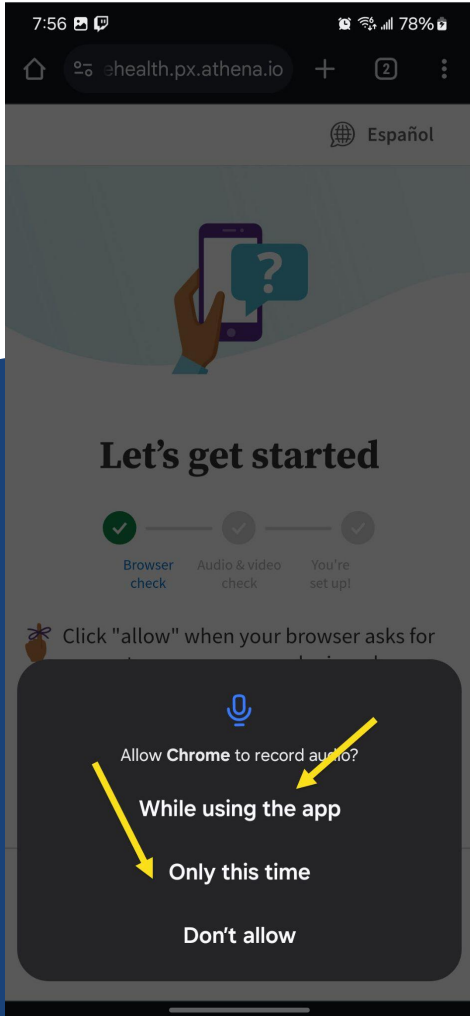
***NOTE 1:** When using a Android device to connect to the appointment, make sure to use Google Chrome to connect to the appointment.

***NOTE 2:** Texting the same number multiple times in a row will cause the mobile carrier to treat the message as junk and not deliver it. If you do not receive the text message with the link, we can send it to you through different means such as email or from a different phone number.



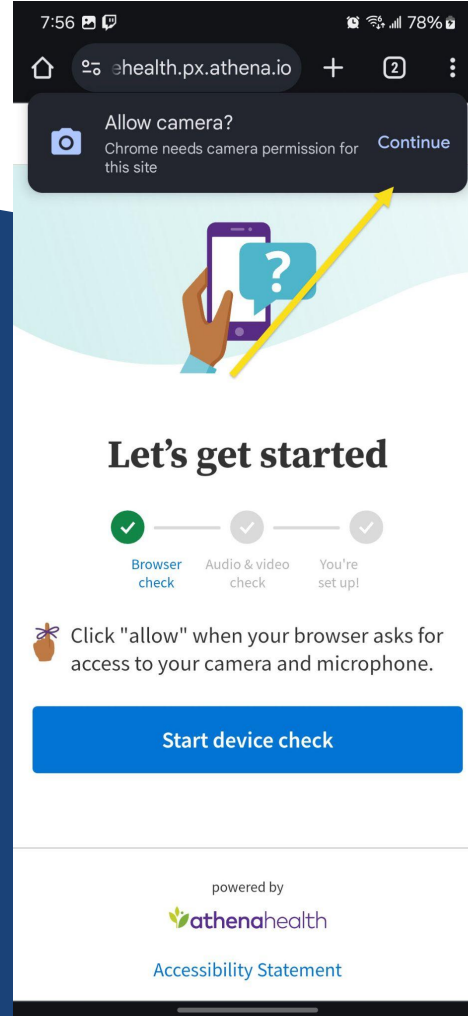
Make sure to click "Continue" to allow microphone access. If the pop-up does not appear, you will have to go into the settings to allow it.

***Note:** Allowing the microphone from the app settings will be on page " _ "



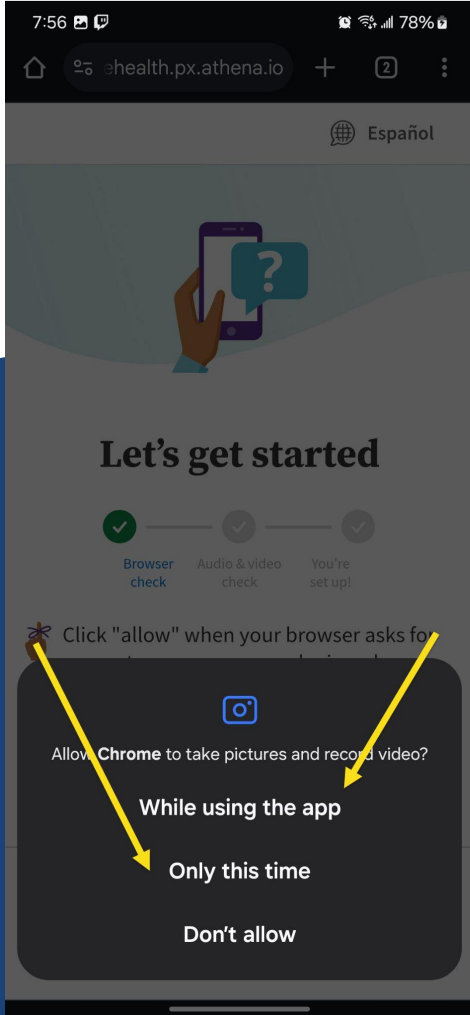
After clicking continue, a pop-up will appear. Click on either "While using the app" or "Only this time" to allow microphone access

***Note:** If you click on "Only this time" you will have to go through this process everytime you access a visit. If you click on "While using this app" it will always have access to your microphone.



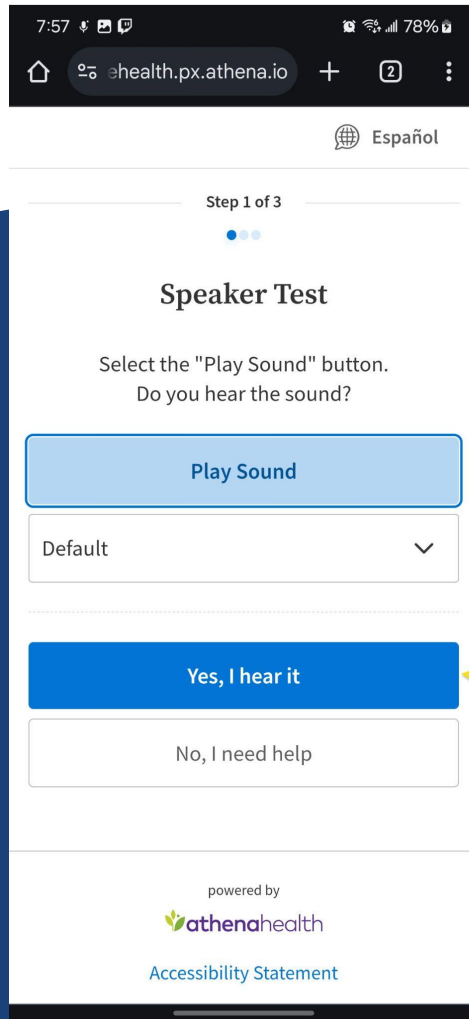
Make sure to click "Continue" to allow camera access. If the pop-up does not appear, you will have to go to your phone settings to allow it.

Note: The phone settings page will be on page 27

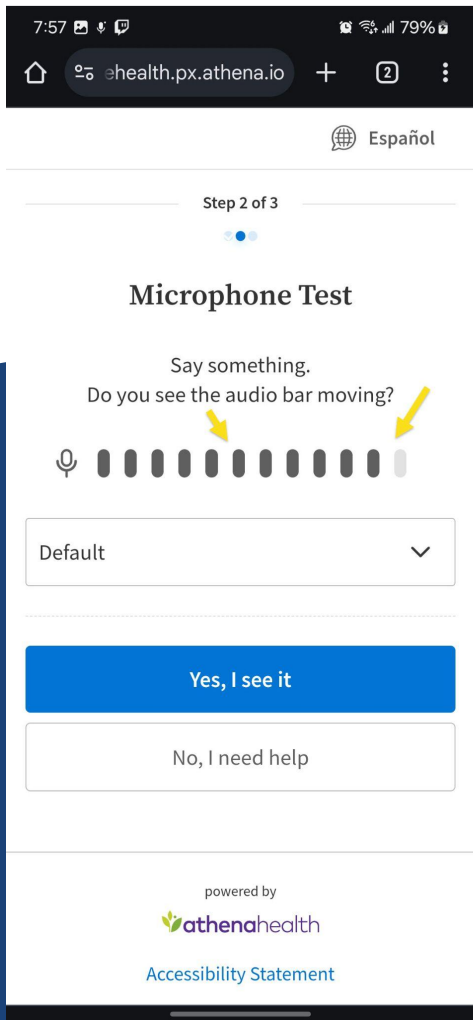


After clicking continue, a pop-up will appear. Click on either "While using the app" or "Only this time" to allow camera access

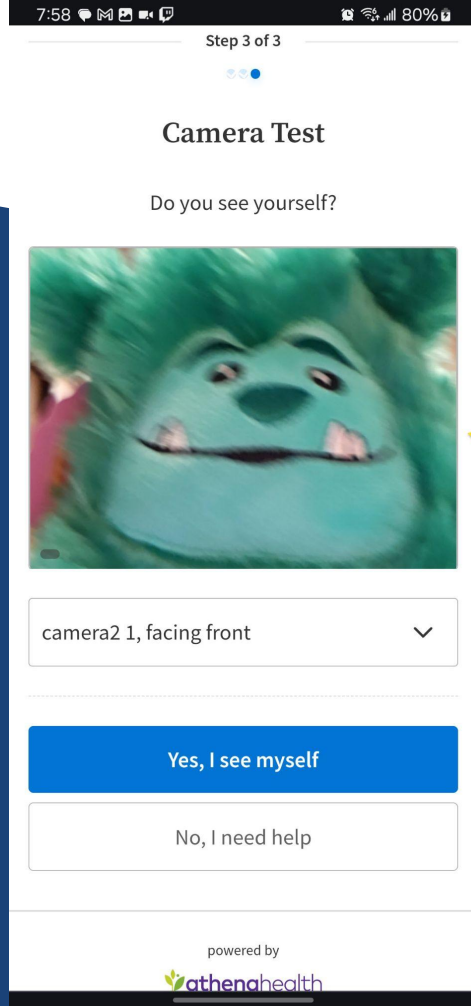
***Note:** If you click on "Only this time" you will have to go through this process everytime you access a visit. If you click on "While using this app" it will always have access to your camera.



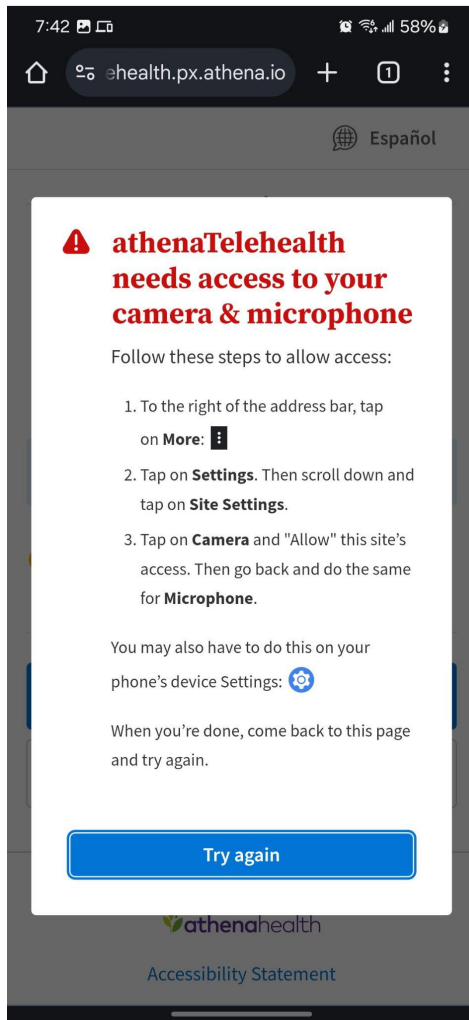
Once you have granted permissions, you will be asked to test the speaker. Press the "Play Sound" button and if you hear a sound that means your device is configured properly for your speakers. Next click on the "Yes, I hear it" button to proceed to the next step.



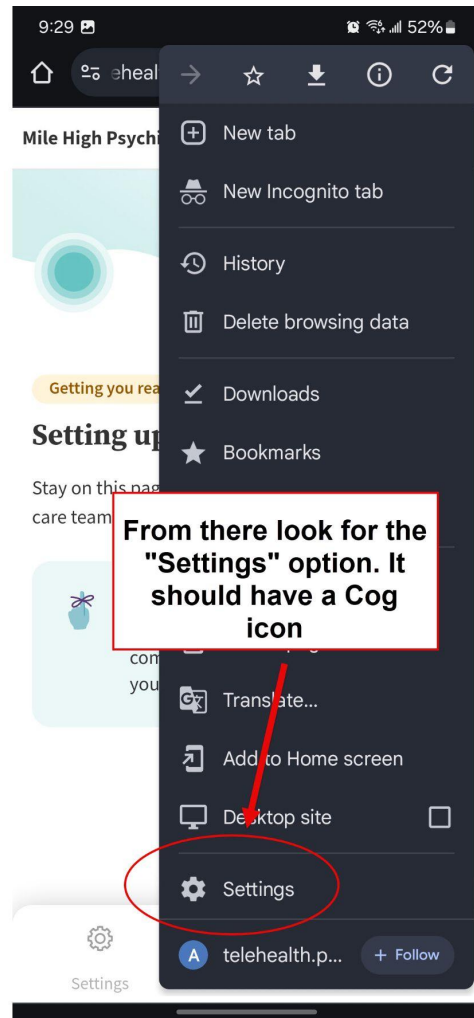
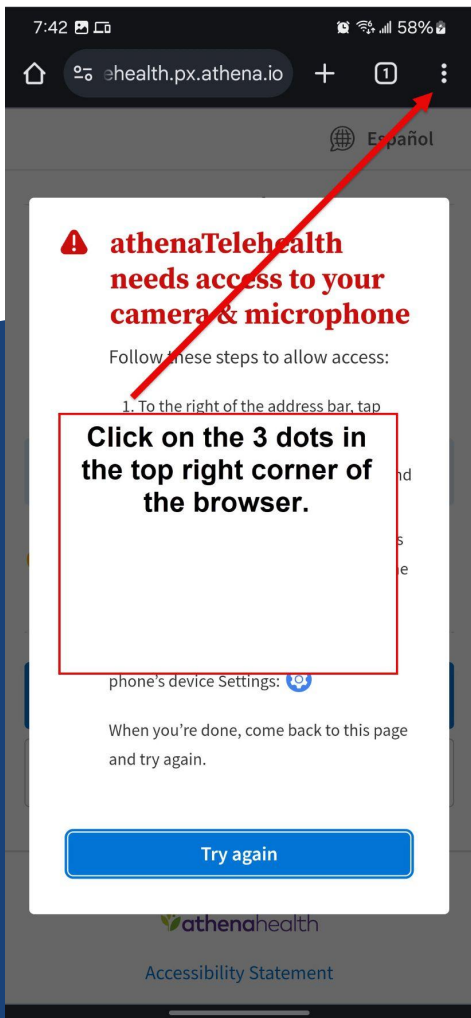
Next step is to test the microphone. If you talk into the mic and see the little bars change color from light grey to dark grey while you speak that means your microphone is configured properly. Next click on the "Yes, I see it" button to proceed to the next step.



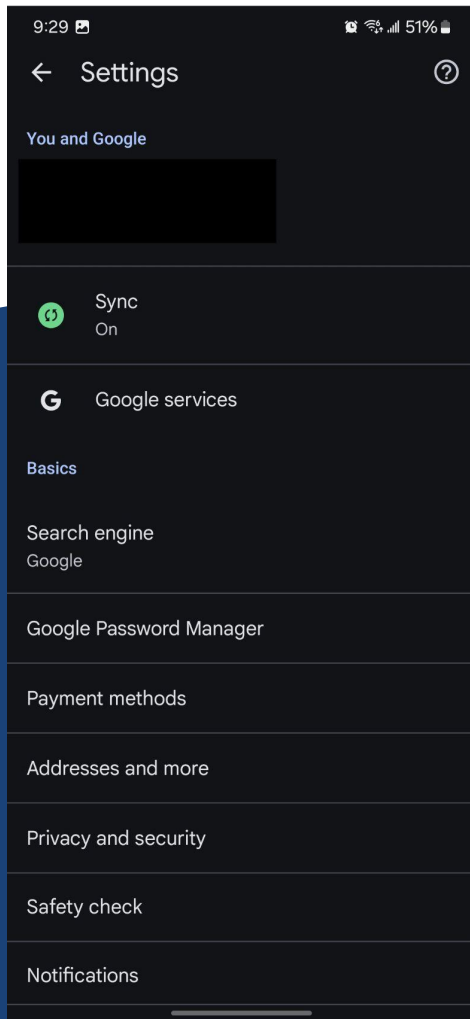
The last step is to check your camera. The app should open up the camera automatically. Once you see yourself in the camera view, click on the "Yes, I see myself" to continue.



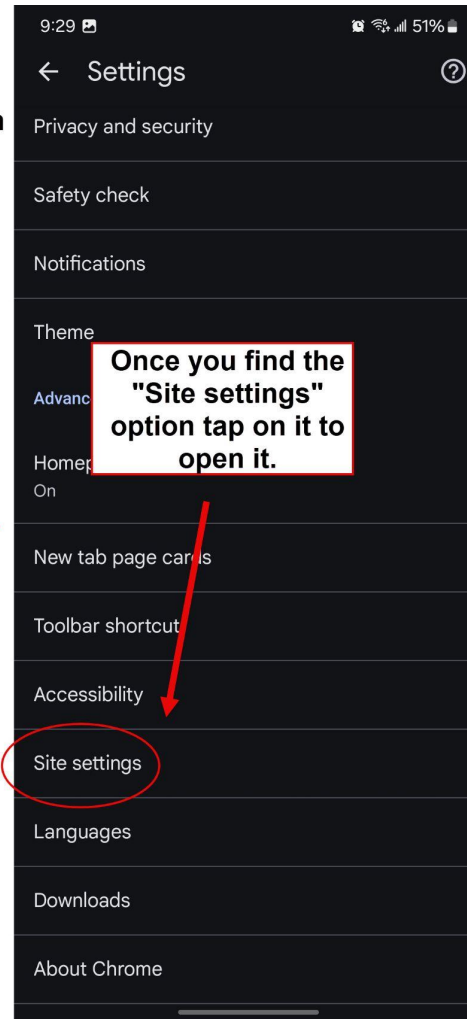
***Note: You might get this notification if you have not configured your settings correctly for the app. The following slides will go over how to rectify this issue**



From there look for the "Settings" option. It should have a Cog icon

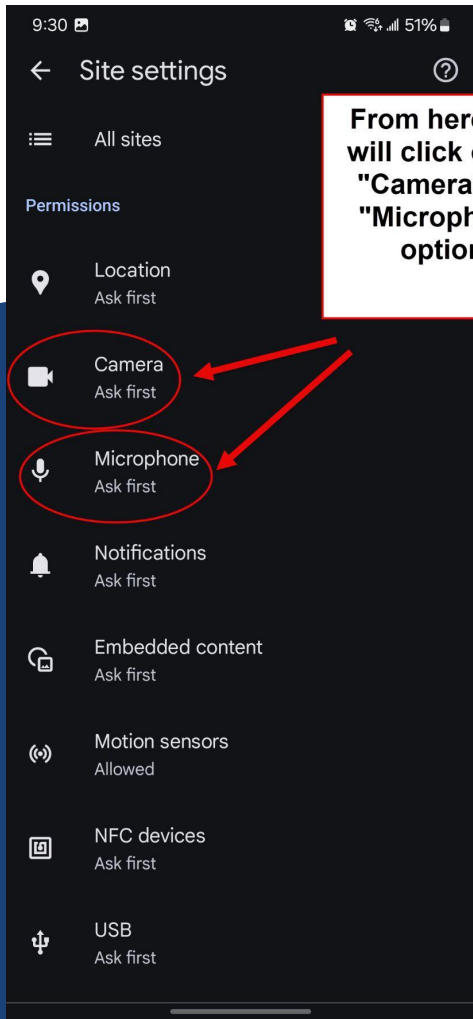


After clicking on "Settings" you will be taken to this screen. Scroll down till you find "Site Settings"

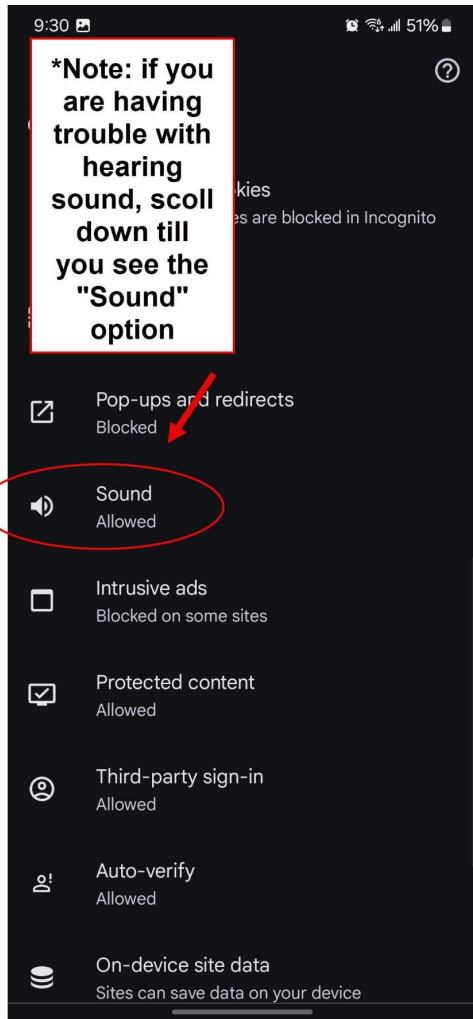


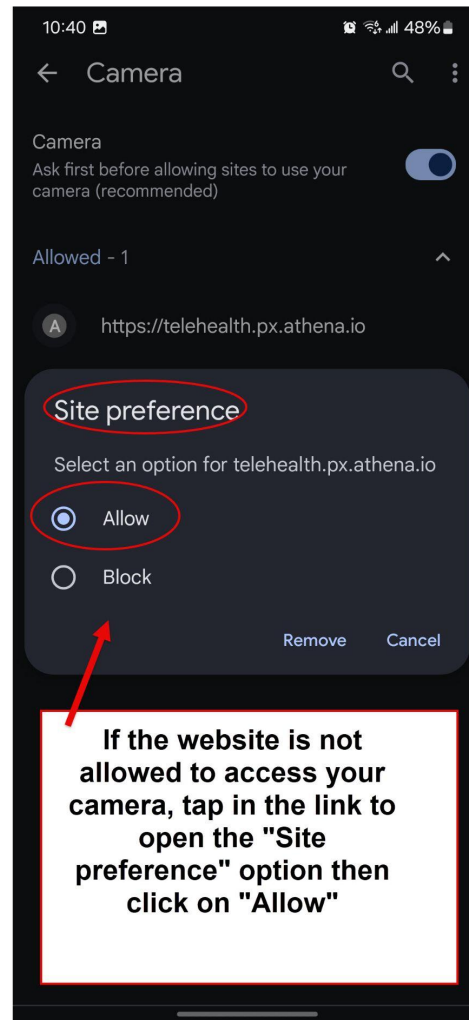
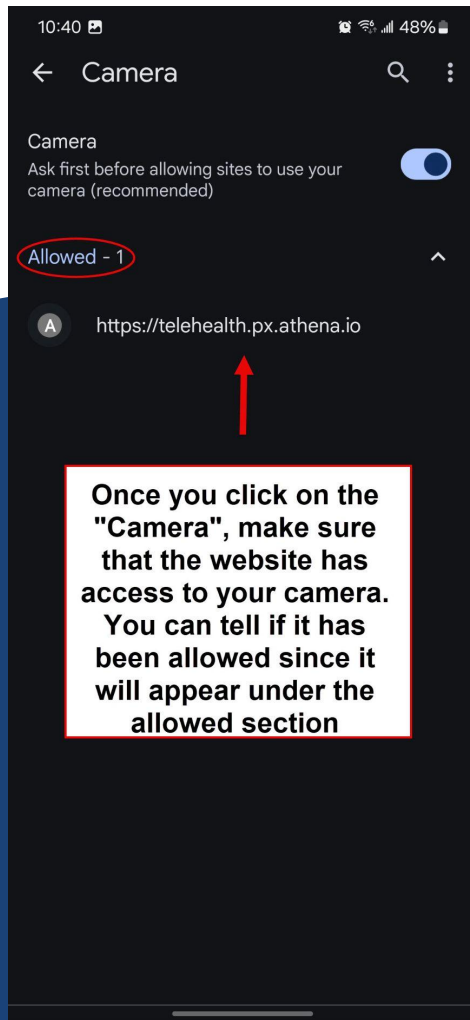
Once you find the "Site settings" option tap on it to open it.

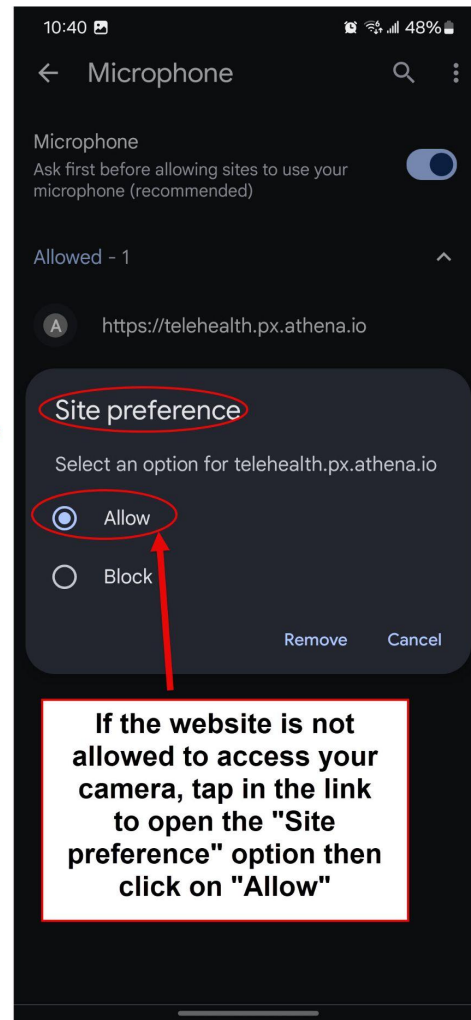
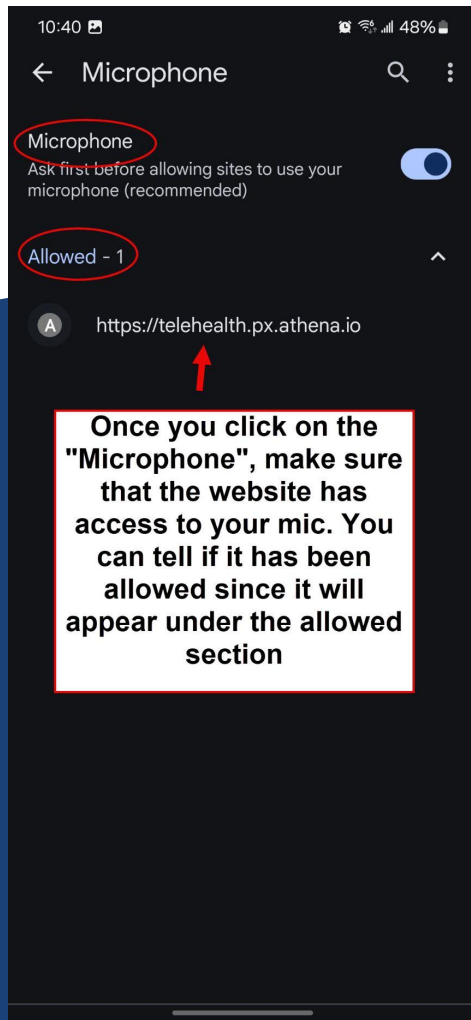


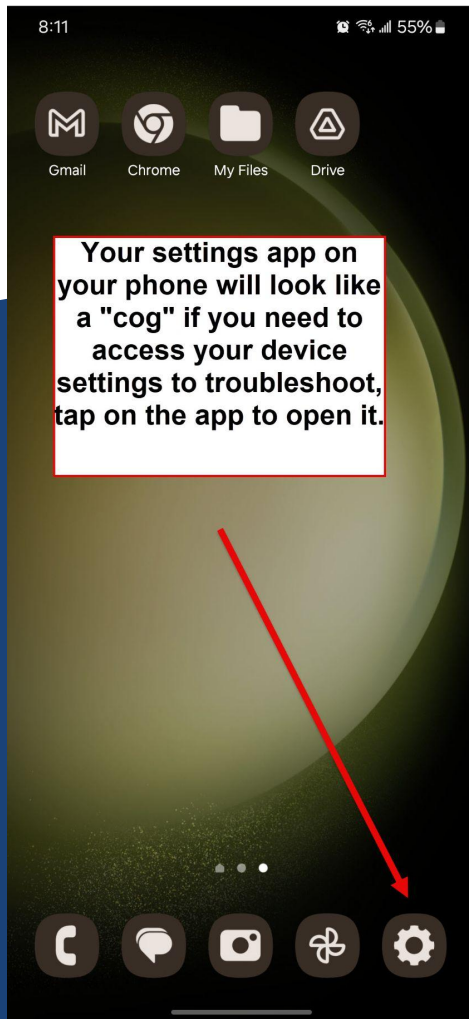


From here, you will click on the "Camera" and "Microphone" options



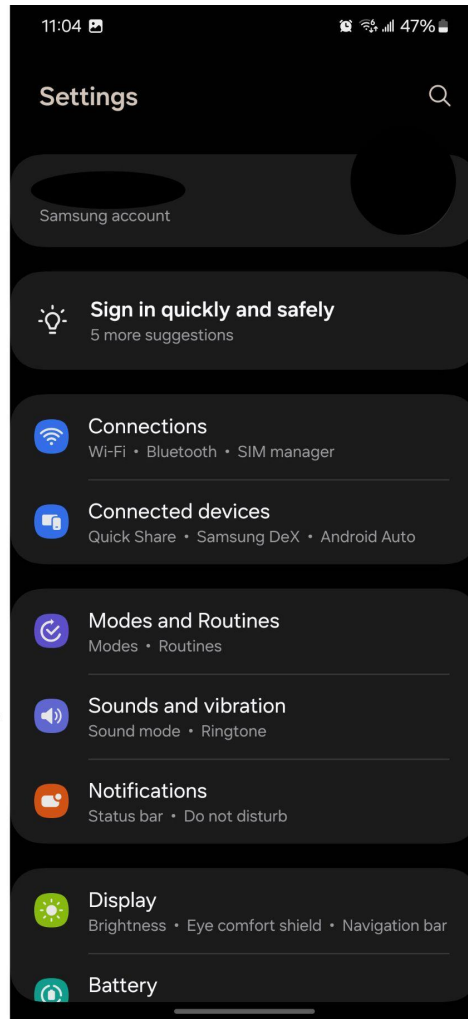


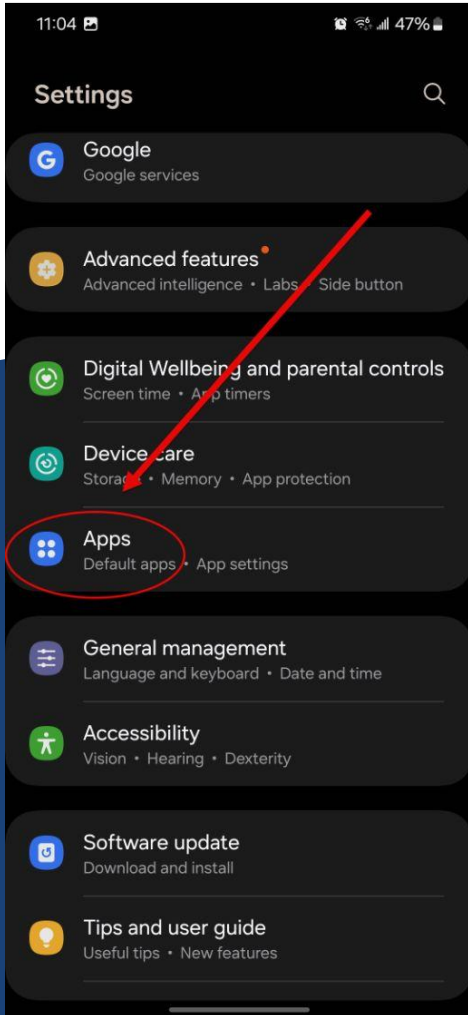




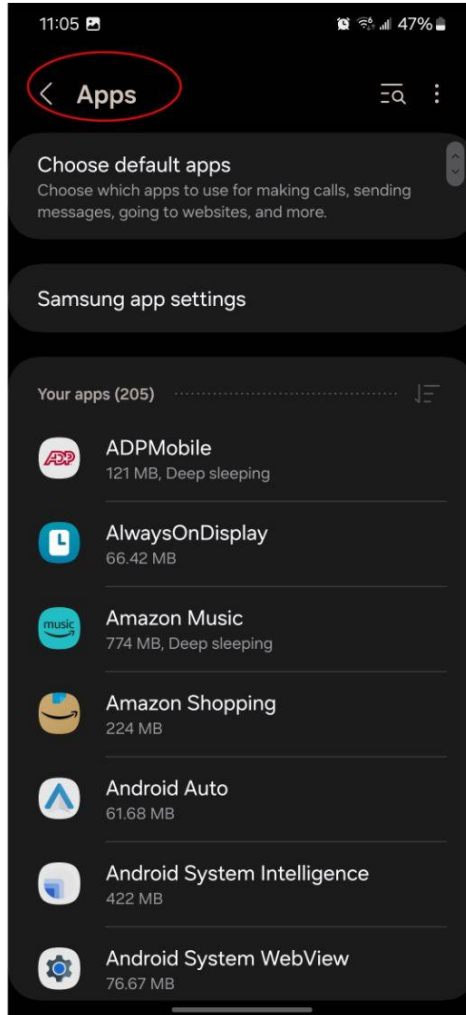
Once you access your settings menu it should look something like this

*Note: This tutorial is using a Samsung Device. Your settings menu might look a bit different but should be relatively the same.

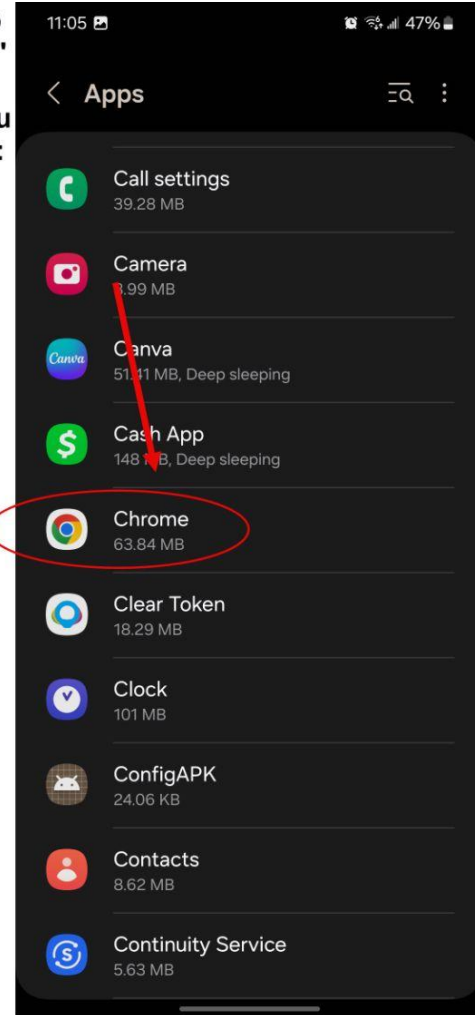


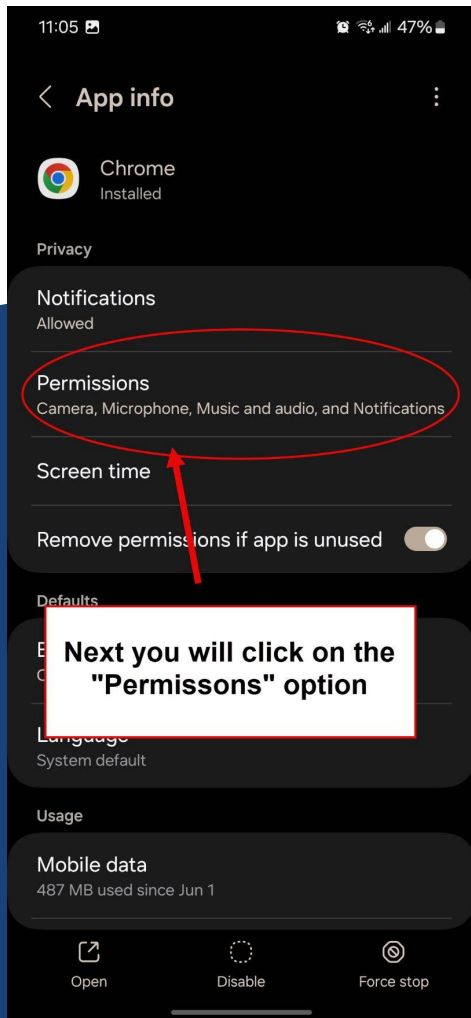


Scroll down a bit in your settings app until you find "Apps" and then tap on it.

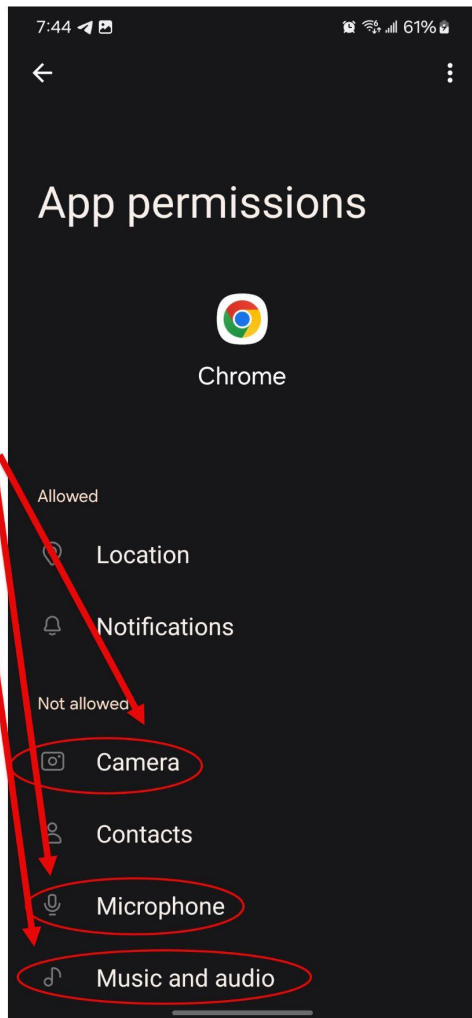


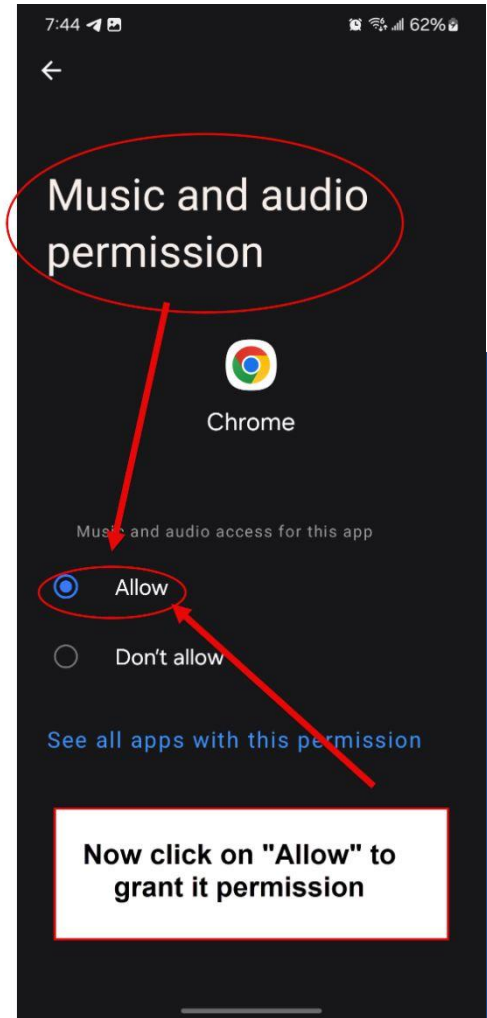
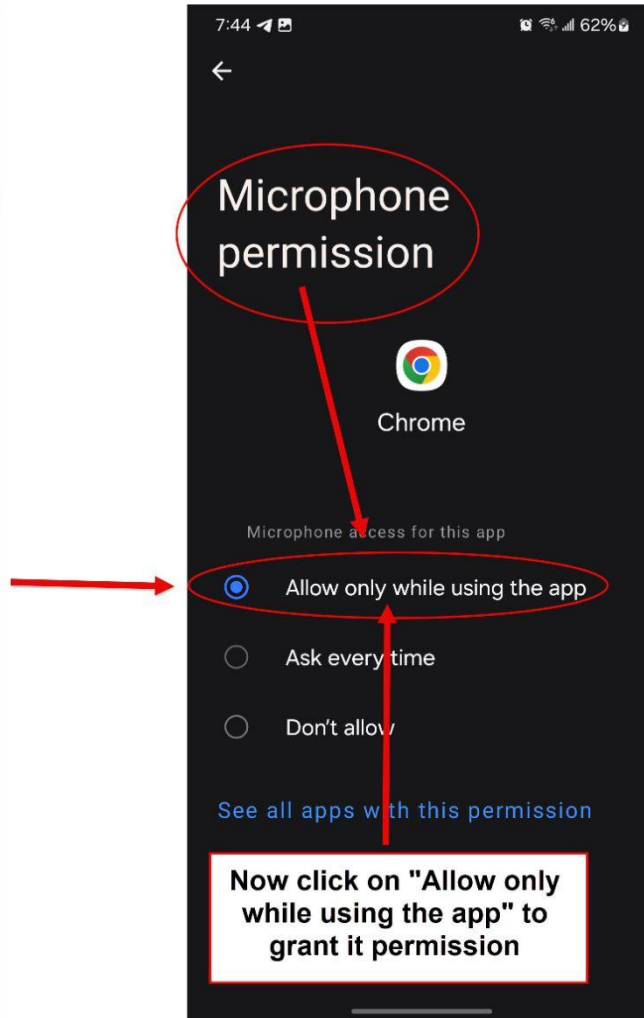
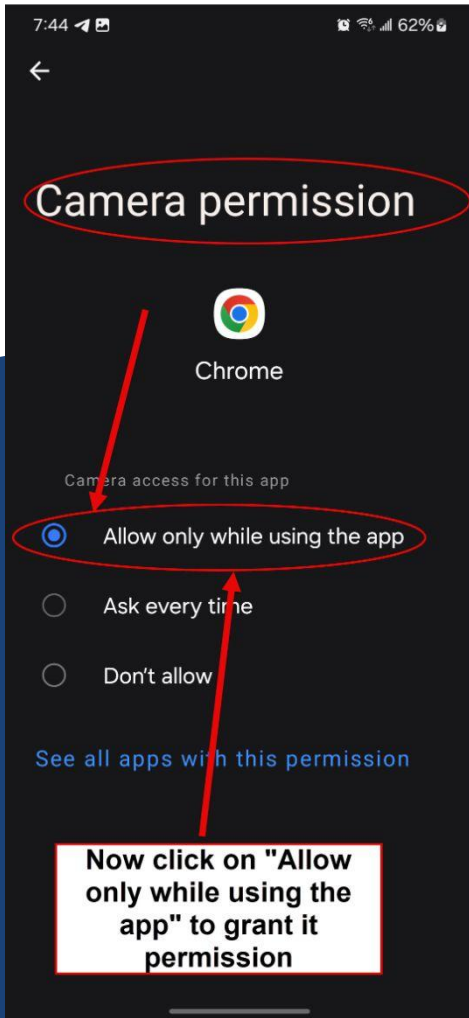
Once you tap on the "Apps" Option scroll down until you see "Chrome:" and then tap on it.





Next, tab on the "Camera", "Microphone", and "Music and audio" options

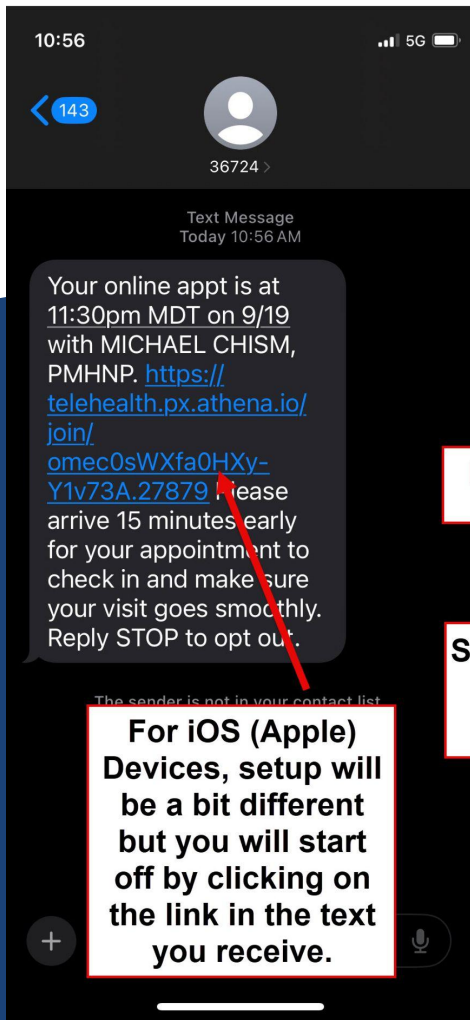




Troubleshooting Guide for Safari iOS (Apple iPhone)

The following slides will go over how to troubleshoot common issues on your iOS device while using the Safari browser.



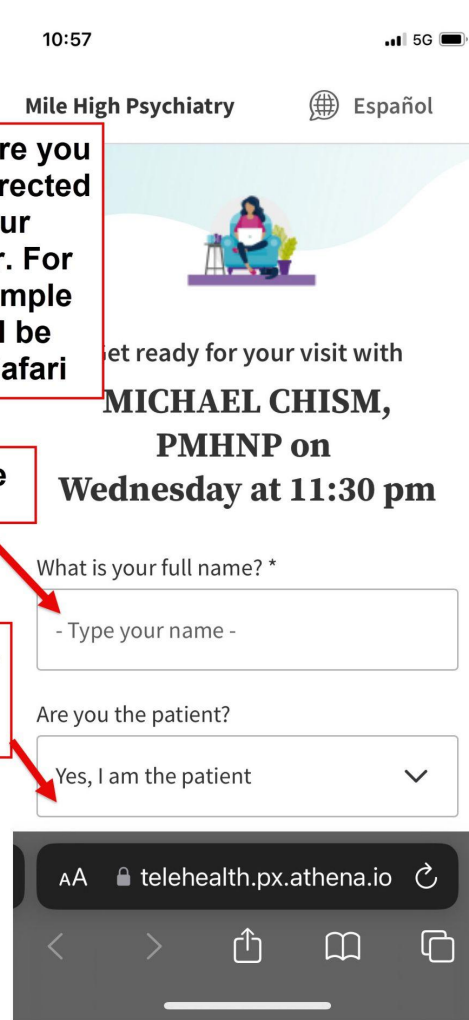


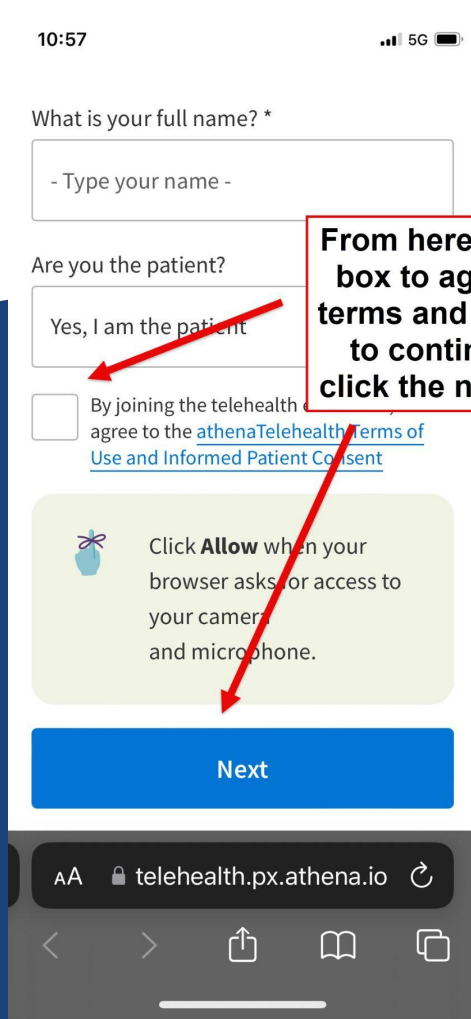
For iOS (Apple) Devices, setup will be a bit different but you will start off by clicking on the link in the text you receive.

From there you will be directed to your browser. For this example we will be using Safari

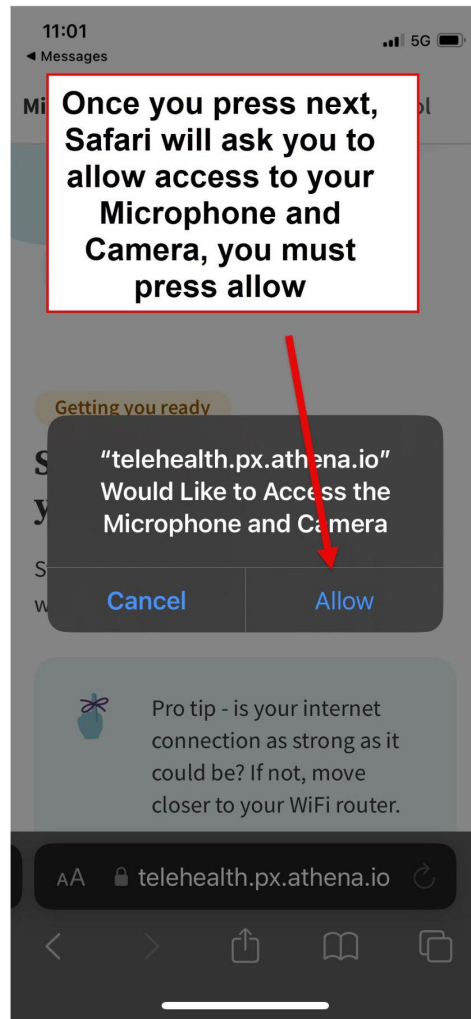
Enter name here

Select "Yes, I am the patient"





From here tap on the box to agree to the terms and conditions to continue, then click the next button.



10:59



You're set up

Once you allow the permissions, you will be taken to the online waiting room before connecting with the PNC and your provider

Take a breath, your call will start shortly.

Stay on this page, and your call will start when your care team is ready.



Pro tip - is someone else sharing your internet bandwidth? Make sure no one is streaming video or playing video games.



Settings



More

AA ehealth.px.athena.io



11:00



Your cam will be here



Provider/PNC cam here

Once your PNC or Provider joins the call you will be presented with this page.

Mellow



Leave



Mute



Flip



Chat



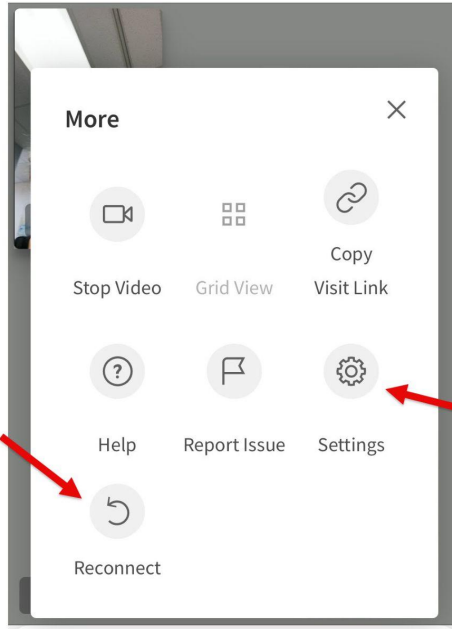
More

AA ehealth.px.athena.io



11:00

5G



Pressing the "Reconnect" button will refresh the page and may help fix common issues.

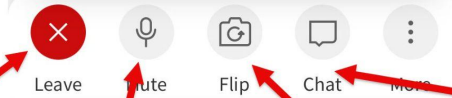
Pressing this button will open up extra settings for you to check out.

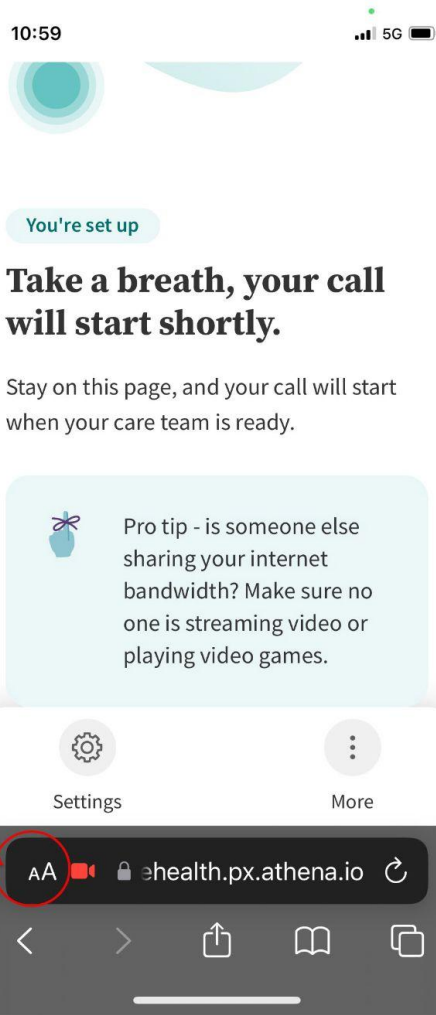
Pressing this button will disconnect you from the visit

Pressing this button will mute your mic

Pressing this button will switch your cam

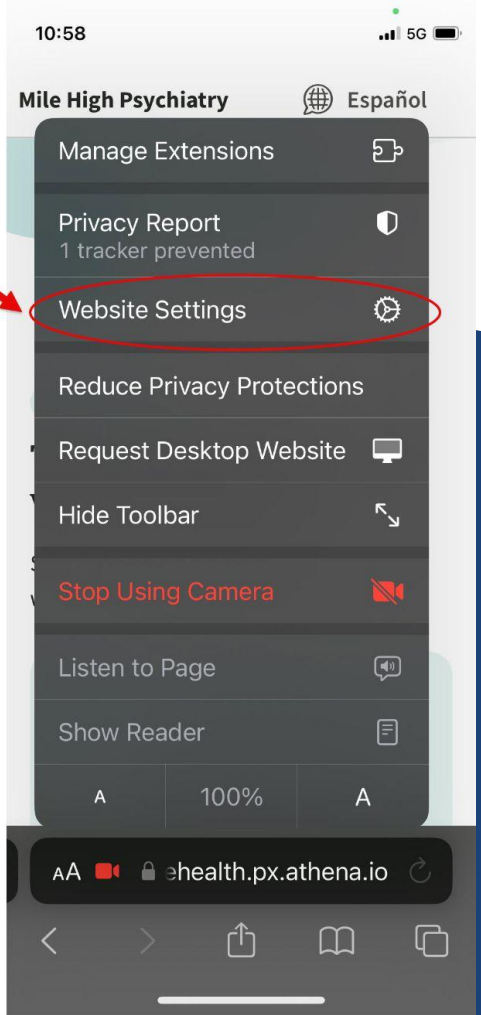
Pressing this button will open up a chat window to chat with your provider/PNC



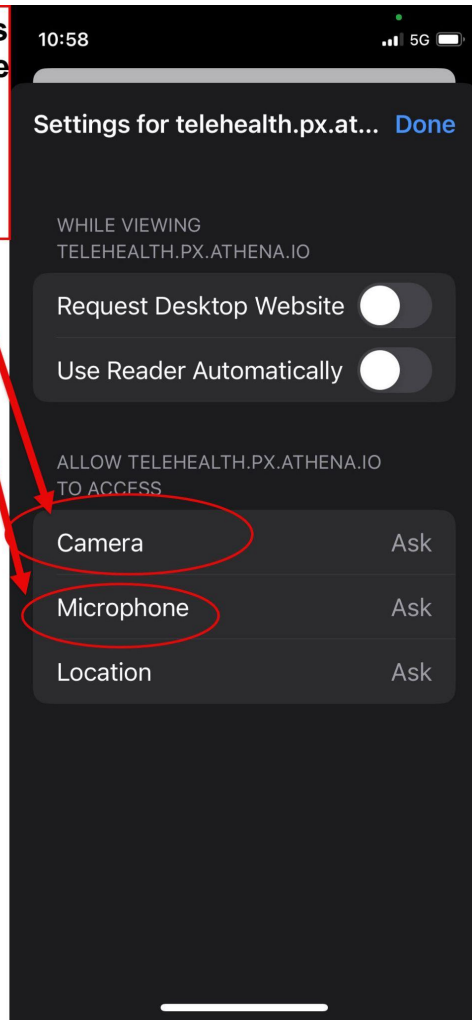


If you are having issues using the default setup process here is one work around that could help you out. Tap on the "aA" icon on the bottom left of the url bar.

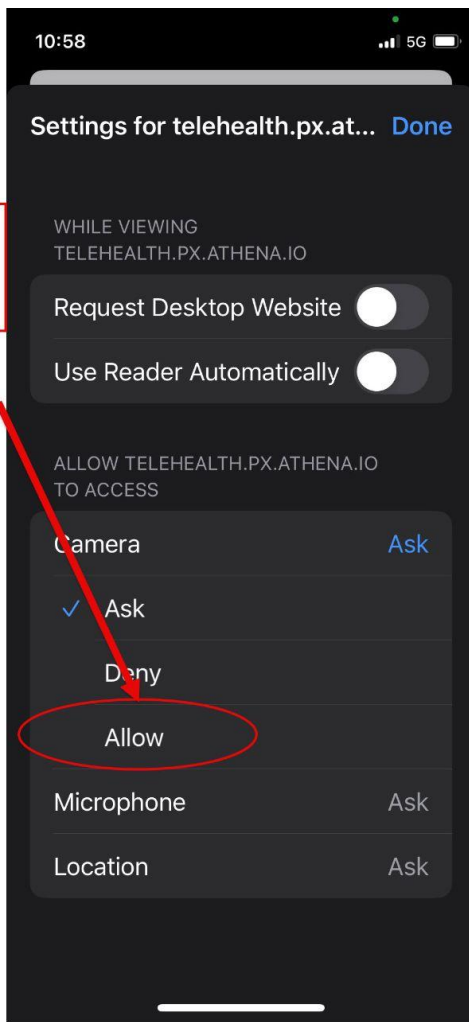
Tap on the "Website Settings" Option



Once you see this page, You will see the options for "Camera" and "Microphone"

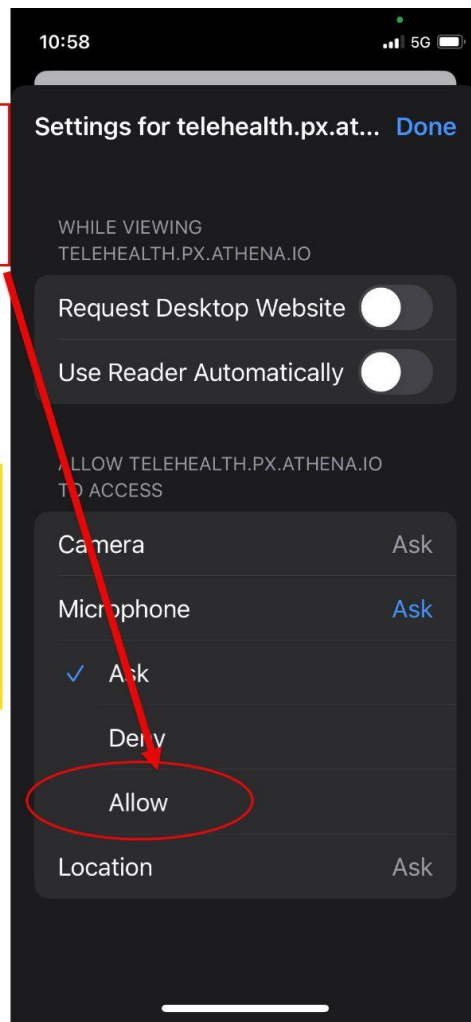


Tap on the "Camera" option and select "Allow"



Tap on the "Microphone" option and select "Allow"

Once you do that you should be good to go!

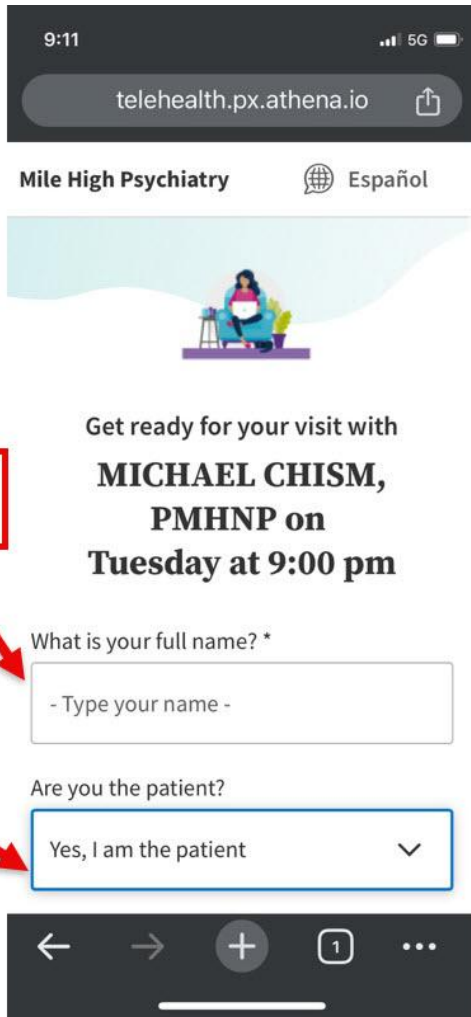




Chrome on iOS (Apple iPhone)

The following slides will go over how to troubleshoot common issues on your iOS device while using the Chrome browser.

When accessing the appointment through Chrome on your iPhone, it will be the same steps as for Safari.

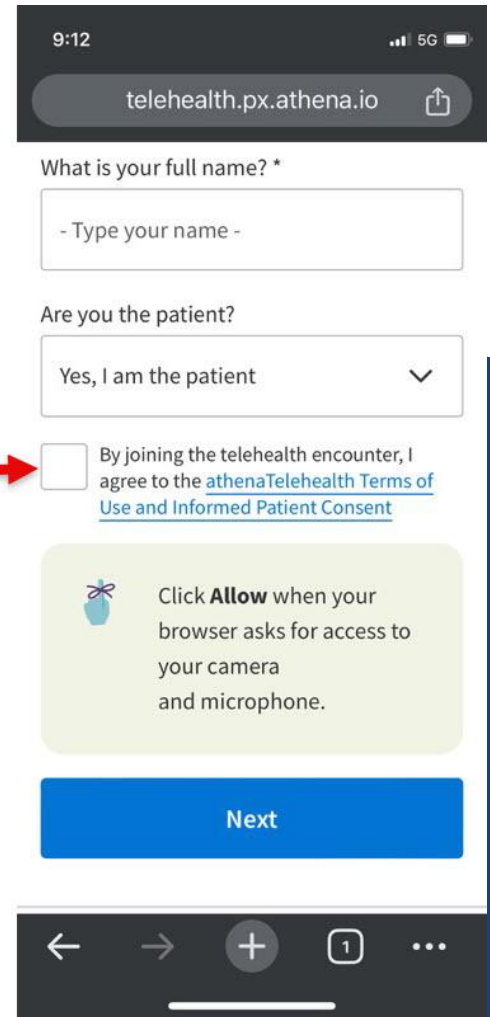


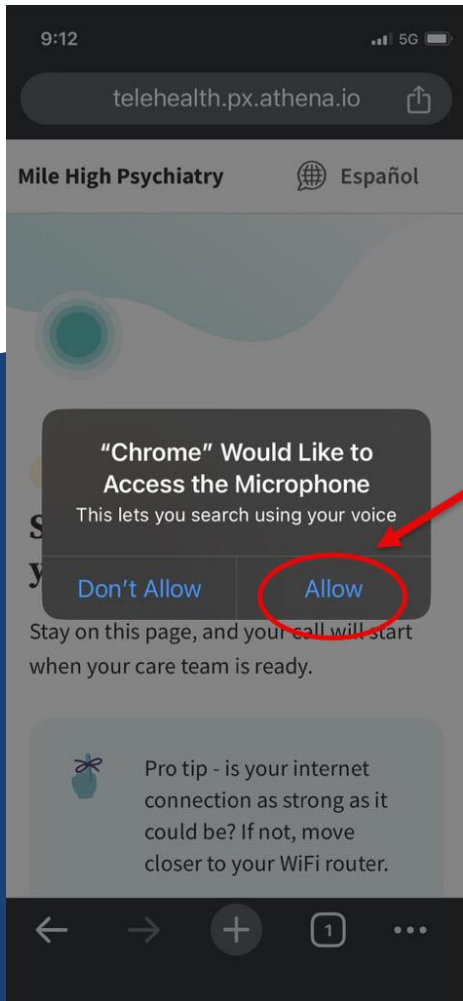
Enter the name of the Patient here

Select "Yes, I am the patient"

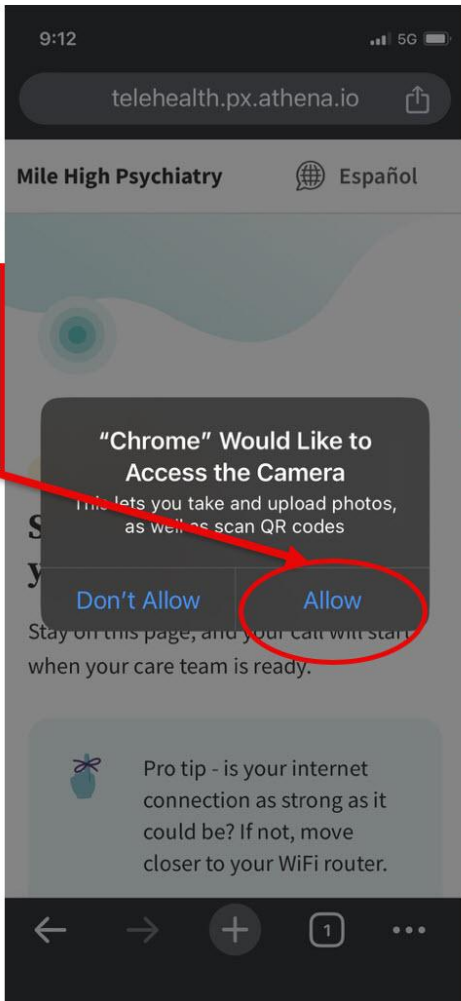
After scrolling down the page a bit, you will have to click the check box to continue

Once you agree to the terms and conditions, click next

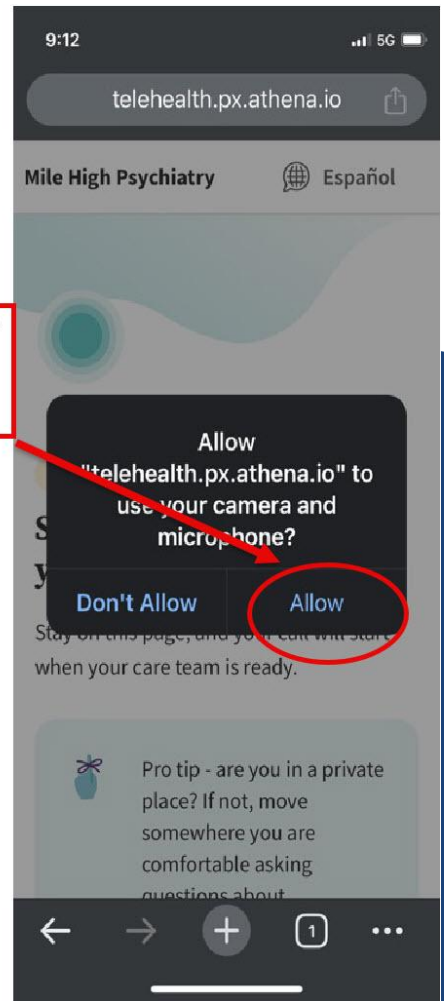




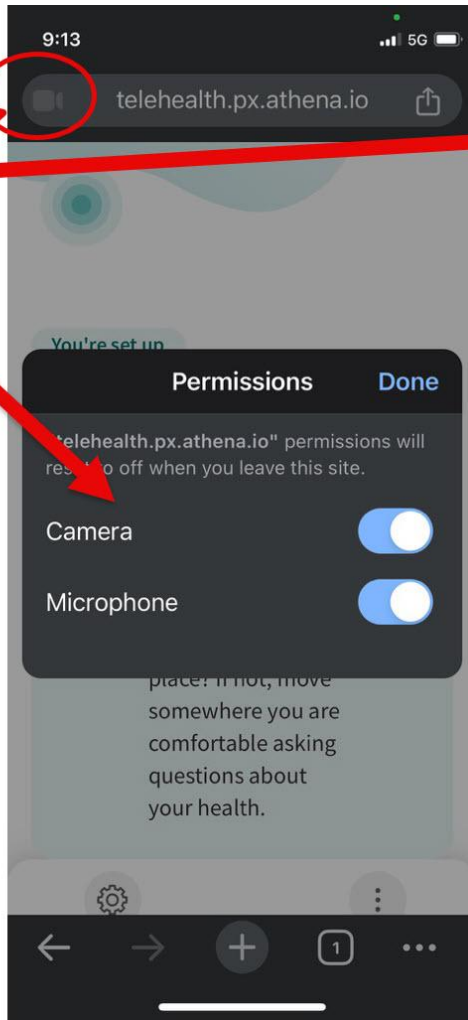
After clicking next, you will see these prompt appear. You will have to allow all of them to be able to continue with the visit.



You will also have to click on allow when you receive this prompt

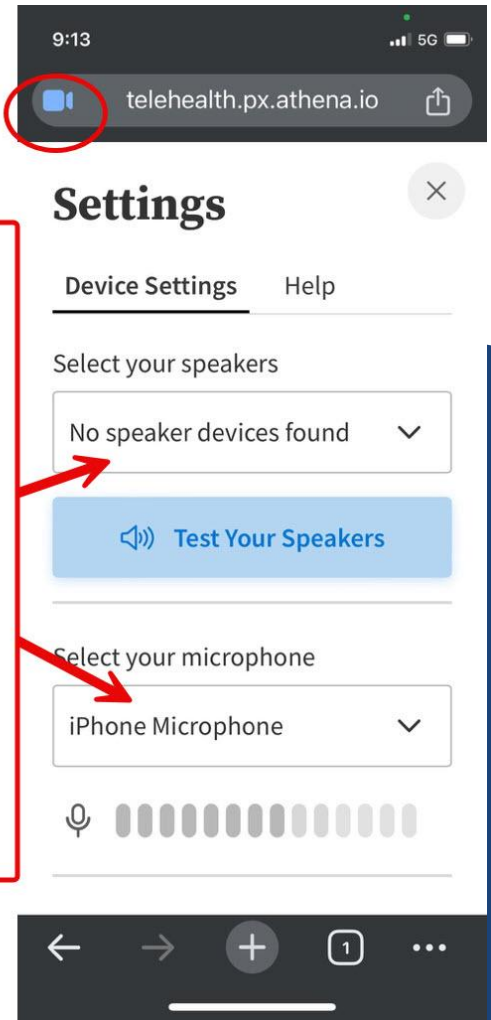


You can also check your website permissions by clicking on the camera icon

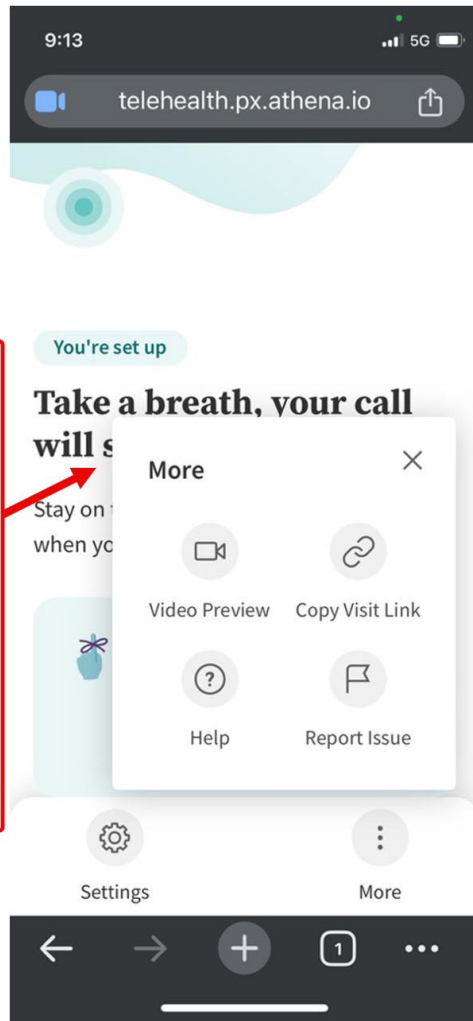


On this page you can test your speakers, camera, and microphone.

Note: if you see "No speaker device found" click on the Test button, if you hear sound you should still be good to go.



Once you have properly set up your device, you will be brought into the waiting room. you will also have the option to access the settings and the more option where you can access additional settings.

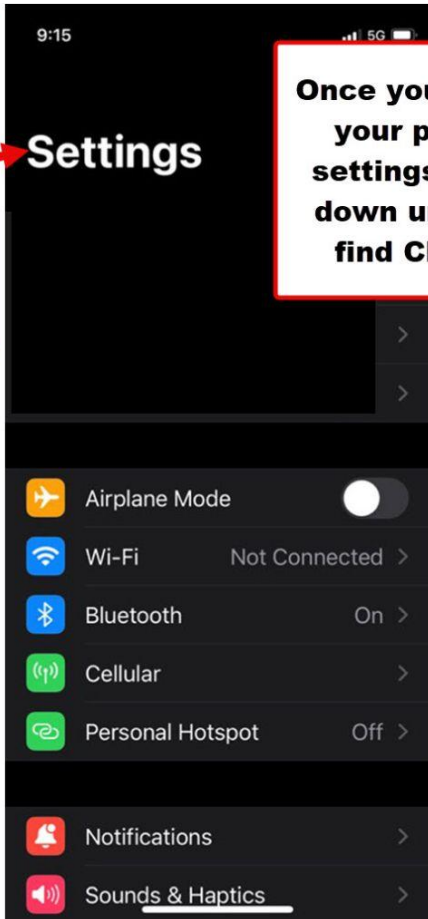


After your PNC or Provider join the appointment, you will be brought to this page. This is where the appointment will take place.

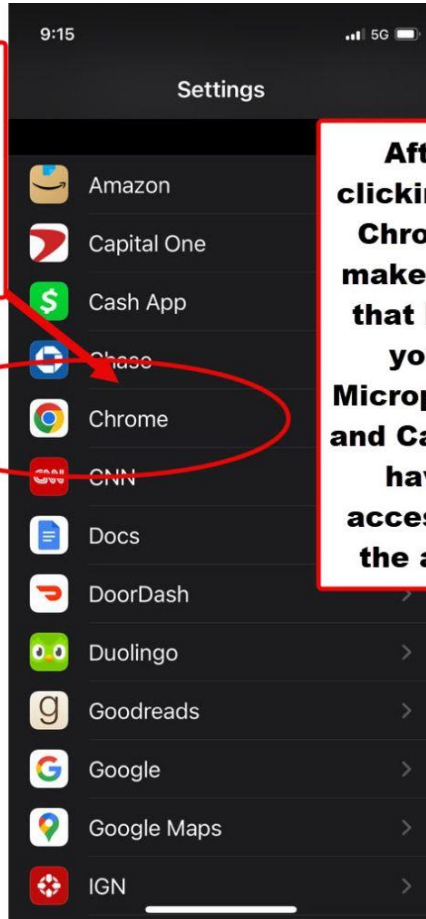
Below you will have some other options.



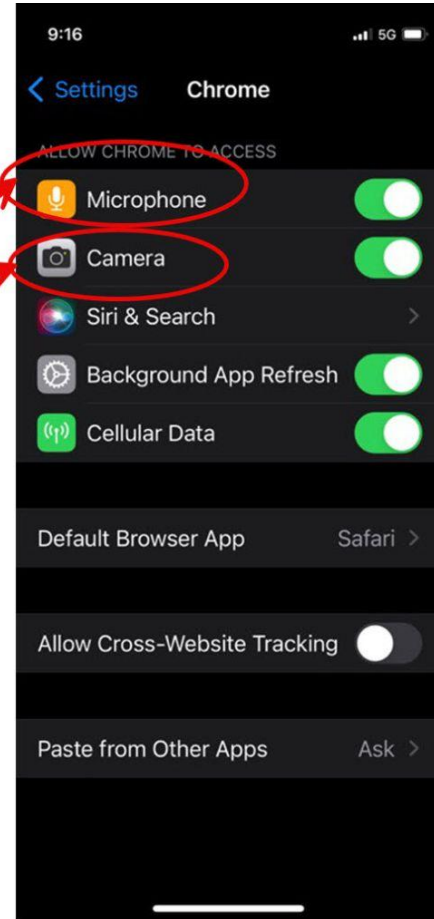
If you are still have issues with your device, go to your phones settings.



Once you access your phones settings, scroll down until you find Chrome



After clicking on Chrome, make sure that both your Microphone and Camera have access to the app.



Thank you for choosing Mile High Psychiatry!

We hope that the information provided in this document was able to be of assistance! If you continue to have any more issues, please reach out to our office at (720) 507-4779 or email us at it@milehighpsychiatry.com

